

The YOKOHAMA MONTHLY MARATHON is a healthy marathon event aiming not to compete with someone but to finish your own race and keep running on a regular basis for your healthy running-life. Our motto is, “practice makes perfect”. So everyone in your family can enjoy the events.

There’s no prize for winners but all runners’ times are recorded, so we award prizes for consecutive and overall attendance.

The event is held on the 3rd Sunday of each month. Anyone can join us.

OUR EVENTS

Name : YOKOHAMA MONTHLY MARATHON

Host : NEW JAPAN SPORTS FEDERATION (NJSF)

Organization : Yokohama Monthly Marathon steering committee

Date : the 3rd Sunday of each month

Course : a turnaround course using bicycles and pedestrian walkways

Events : 1km, 3km, 5km, 10km, 20km

Reception : Shin-Yokohama Park behind Yokohama Arena

How to join : apply on the day at the venue

Fees : For the first time 1,500 yen. Then, adults 1,000 yen, high school students and younger 500 yen

Qualifications : anyone who agrees with the principles of NJSF such as “Sports is the rights of all people”, “Sports for all” and “The development of all sports”.

(Please find escort runners in advance if you need.)

Results : After the race, runners’ number, name, age and time records are released on the HP.

TIMETABLE

Reception hour : 8:00a.m. ~ 10mins before each start time

Starting hour : 8:30a.m. ~ 10:10a.m. for each event, respectively

Note: The starting hours are subject to change without notice due to weather conditions or the number of participants.

AWARDS

No awards for ranking or time records. We award prizes for consecutive and overall attendance.

■ CONSECUTIVE ATTENDANCE AWARDS

- 10times : A running shirt with your number
- 20times : A gift certificates

■ OVERALL ATTENDANCE AWARDS

- 20times : A running shirt with your number

Exemption clauses

If you get hurt or get out of condition while joining the event, we provide an emergency measure and make contact with a hospital if necessary, but we could not take any responsibilities. If you are in a bad condition, don't push yourself but to refrain from running. An abstention can be counted as a record. We take no responsibility if you get into trouble with other runners or a third party or your belongings are lost, stolen or damaged. In principle, please take part in the event on your own responsibility.